



“Are you TB Proof?” Infection, Prevention & Control Online tool

TB Proof is a non-governmental organisation with the following goals:

- To create awareness of and protection against occupational, hospital-acquired and community-based TB transmission through education and activism;
- To de-stigmatise all forms of TB and to draw particular attention to drug resistant TB and occupational TB by collecting and dissemination proof of an alarming rise in occupational TB case; and
- To mobilise local, national and global resources through advocacy to help address shortcomings in prevention and treatment strategies, not only for healthcare workers but more importantly the community that we serve.

In lieu with the above, TB Proof is very passionate about TB Infection Prevention & Control (TB IPC). Healthcare workers (HCWs) have a three times increased risk of contracting TB and are six times more likely to be hospitalised with Drug-Resistant TB than the general public. There is also a high mortality rate as up to a third of HCWs may end up dying from Multidrug-Resistant TB.

Not only does TB in HCWs have an effect on the family and friends of those infected, but also have a direct impact on the health care system. HCWs may end up needing long periods of sick leave or even leaving the profession, creating an even larger gap in human resources, with fewer HCWs to treat those in need.

TB Proof is excited to share that our 'Are you TB Proof?' Infection Prevention & Control Online tool is available on our website! This online tool is unique, because it was developed by occupational TB survivors. Please feel free to go check it out at: <http://www.tbproof.org/areyoutbproof/>. A facilitator's guide, participant worksheets as well as a quiz are all available to complement this training tool.

This tool was piloted in January 2018 at Dr Harry Surtie hospital, Upington (South Africa). After that, this tool has been screened numerous times with great success. This tool has been used to train HCWs and health care students. One nurse reported after viewing this video that: "we often forget the importance of infection control, this (online tool) opened my eyes again". As a result of this intervention, another HCW from Zithulele hospital went for TB screening and unfortunately was diagnosed with occupational TB, highlighting the importance of training on TB-IPC and screening as well as empowering healthcare workers as TB champions.